

# On the Edge



- Bible/pencil/pen, notebook (No Bible? Tell a leader before we leave. We'll get one for you.)
- Sleeping bag and blanket
- Pillow and pillowcase
- 2 bath towels, 1-2 beach towels, washcloth
- 2 pairs of close-toe shoes/sneakers that tie or fasten
- sandals for the pool
- shirts (T shirts, jerseys, sweatshirts)\*
- 2 pair of jeans/long pants
- underwear and socks (pack extra)
- PJs (bathrobe if desired)
- 1 warm jacket
- 3-4 pair of long shorts\*
- rain gear
- swimsuit (no bikinis please)
- toiletries
- laundry bag
- flashlight and batteries
- Some participants may go caving; bring warm clothes and shoes that you won't mind getting dirty.

\*Long shorts and t shirts, not tank tops, are needed for adventure activities. Pay attention to this note. You will be glad you did.

- Rafters should bring...
  - river shoes (old sneakers or sandals that strap or tie on)
  - swimsuit
  - t shirt/shorts to wear over swimsuit

## **Medications...VERY IMPORTANT!**

**Place the exact amount of prescription medication you will need for the time you are at camp in it's original, labeled (with dosage information) container!** Place all containers in one plastic Ziploc bag and write the camper's last name on the bag with a black marker.

## **Optional...**

- Sunglasses, camera

## **Do NOT bring:**

- ❖ Drugs, alcohol, tobacco, fireworks, or other illegal/age restricted substances
- ❖ Weapons (no pocket knives!)
- ❖ Electronic items such as ipods, handheld video games, etc.
- ❖ No cell phones!